



Find Help. Find Hope.

Delaware & Morrow Counties

P.O. Box 601
Delaware, OH 43015
740-815-1767
www.namiofdel-mor.org

October 20, 2014

Re: Letter of Recommendation

To Whom It May Concern:

The National Alliance of Mental Illness (NAMI) of Delaware and Morrow Counties recently invited "Squishy Man" to perform at our organization's annual reception and performance in recognition of "Mental Health Awareness Week." We first heard Squishy at NAMI Ohio's spring 2014 conference and enjoyed his comedy performance there so much that we hired him for our October 9th event.

NAMI of Delaware & Morrow Counties is an organization whose mission is to improve the quality of life and ensure dignity and respect for persons with serious mental illness, and offer support to their families and close friends, so we thought Squishy Man would be a good fit for our event. He shared the trials and tribulations of his mental illness and other life experiences in a light-hearted and humorous way. Our audience was comprised of two groups of people: college students and community members of all ages, for whom he adeptly crafted his comedy to reach that age-range span of audience.

Squishy Man has a list of impressive credentials and certainly measures up to his reputation as a licensed psychotherapist, inspirational & motivational speaker, and culture diversity trainer. He is a "universal – and fun – voice of recovery." We would certainly recommend him in whatever capacity you hire him for.

Best regards,

Karen Hart, President
NAMI of Delaware and Morrow Counties